

# En búsqueda del mundo cuántico de la gravedad



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# Grupo de Gravitación y Física Matemática



Hoy y Viernes – Mayor información

# Quantum gravity. Part I

1. General Relativity
2. Quantum field Theory
3. Where is the UV problem?

# GR as a Cooking Book

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- **Ingredients**
  - Physics & Maths
- **Cookware**
  - Equations
- **Recipes**
  - Solutions

# Ingredients

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- Why GR?

Newtonian gravity



Particle moves in straight line until hit by a force

Vs

Einstein's gravity



Gravity is not a force but a result of space-time geometry

# Ingredients

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- Why GR?

Newtonian gravity



Particle moves in straight line until hit by a force

Vs

Einstein's gravity  
(GR)



Gravity is not a force but a result of space-time geometry

**Keywords**

# Ingredients

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Need to understand

a) Space and time together

b) Curved space


# Ingredients

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Need to understand

a) Space and time together

b) Curved space



**Tensor  
Notation**



# Ingredients: Special Relativity

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- Speed of light is constant in any frame ( $c=1$ )
- Space and time are entangled

Coordinates of space-time

$x^\mu$

$$x^0 \equiv ct = t$$

$$x^1 \equiv x$$

$$x^2 \equiv y$$

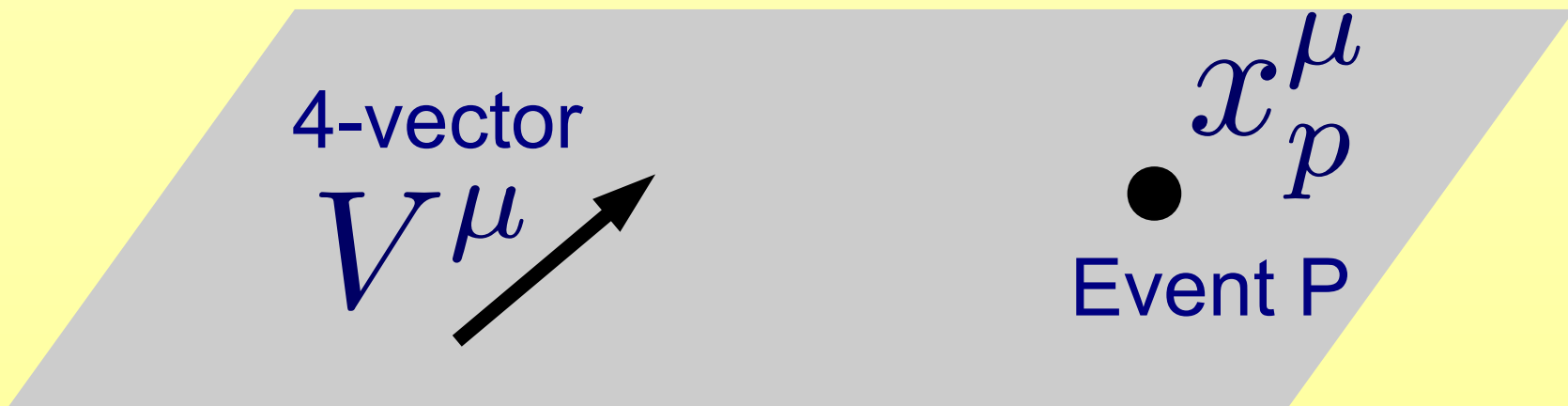
$$x^3 \equiv z$$

$x^i$

# Ingredients: Special Relativity

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Special Relativity (SR) lives in  
**Minkowski** space-time



# Ingredients: Special Relativity

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Minkowski metric

$$\eta = \begin{pmatrix} -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

Distance (dot product)

**Summation convention**

$$A \cdot B = \eta_{\mu\nu} A^\mu B^\nu = -A^0 B^0 + A^1 B^1 + A^2 B^2 + A^3 B^3$$

Infinitesimal distance (line element)

$$ds^2 = \eta_{\mu\nu} dx^\mu dx^\nu = -dt^2 + dx^2 + dy^2 + dz^2$$

**Same information as in the metric**

# Ingredients: Special Relativity

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Lorentzian signature  $(-, +, +, +)$

[ sometimes  $(+,-,-,-)$  ]

C.f. Euclidean 4d space  $\delta_{\mu\nu}$  instead of  $\eta_{\mu\nu}$

$$ds_E^2 = \delta_{\mu\nu} dx^\mu dx^\nu = dw^2 + dx^2 + dy^2 + dz^2$$

Euclidean signature  $(+, +, +, +)$

# Ingredients: Special Relativity

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## Lorentz group

- Transformations that leave  **$ds$**  unchanged

**e.g. x-direction  
boost**

$$\begin{aligned}t &\rightarrow \gamma(t - v x) \\x &\rightarrow \gamma(x - v t)\end{aligned}$$

$$\gamma \equiv (1 - v^2)^{-1/2}$$

**Exercise**

$$ds^2 \rightarrow ds^2$$

# Ingredients: Special Relativity

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For a particle moving only  
in time ( **$x^i = \text{const.}$** ) the elapsed time is

$$ds^2 = -dt^2 < 0$$

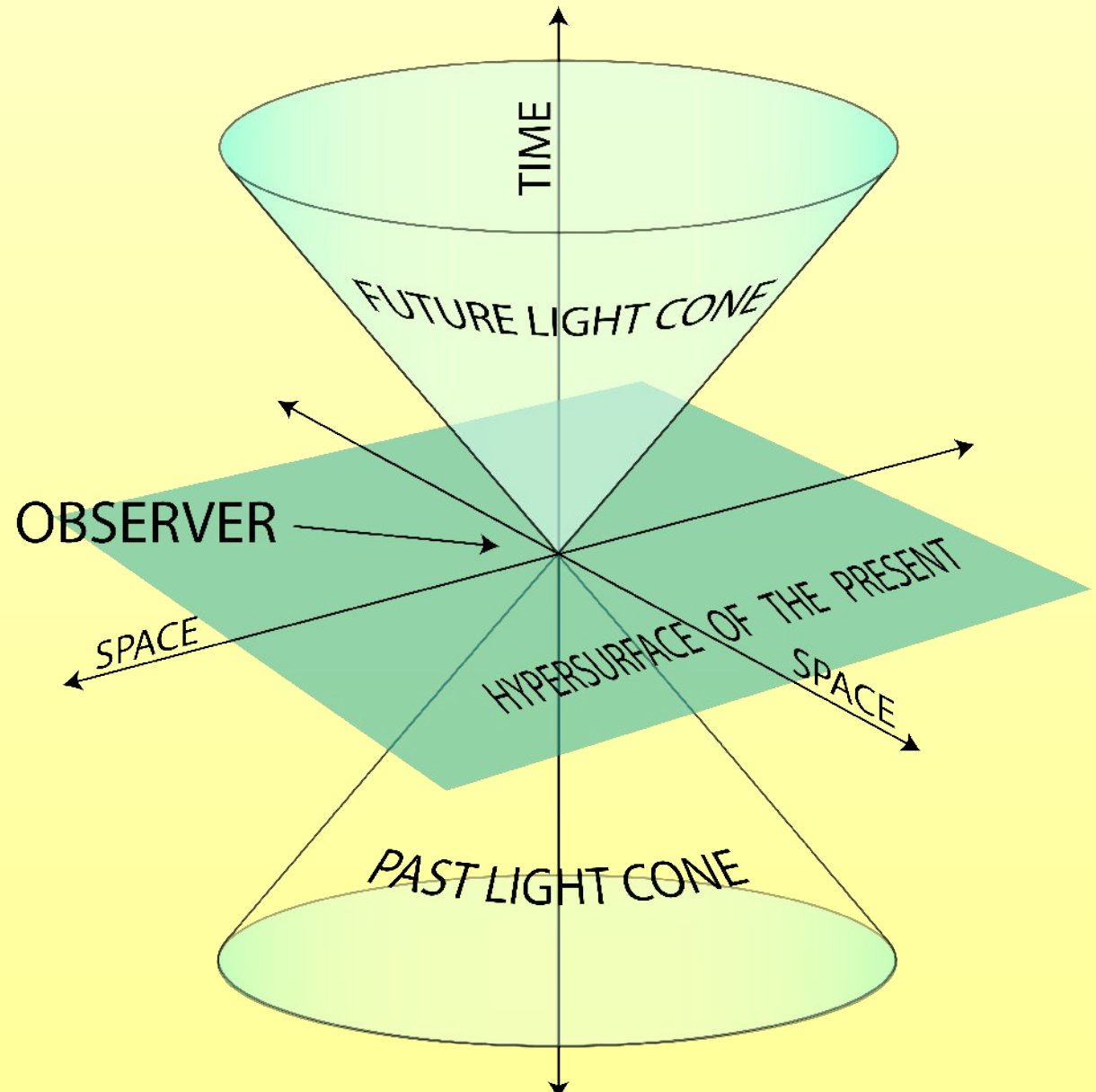
Define proper time as

$$\tau = \int \sqrt{-ds^2}$$

# Ingredients: Special Relativity

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Spacetime diagram



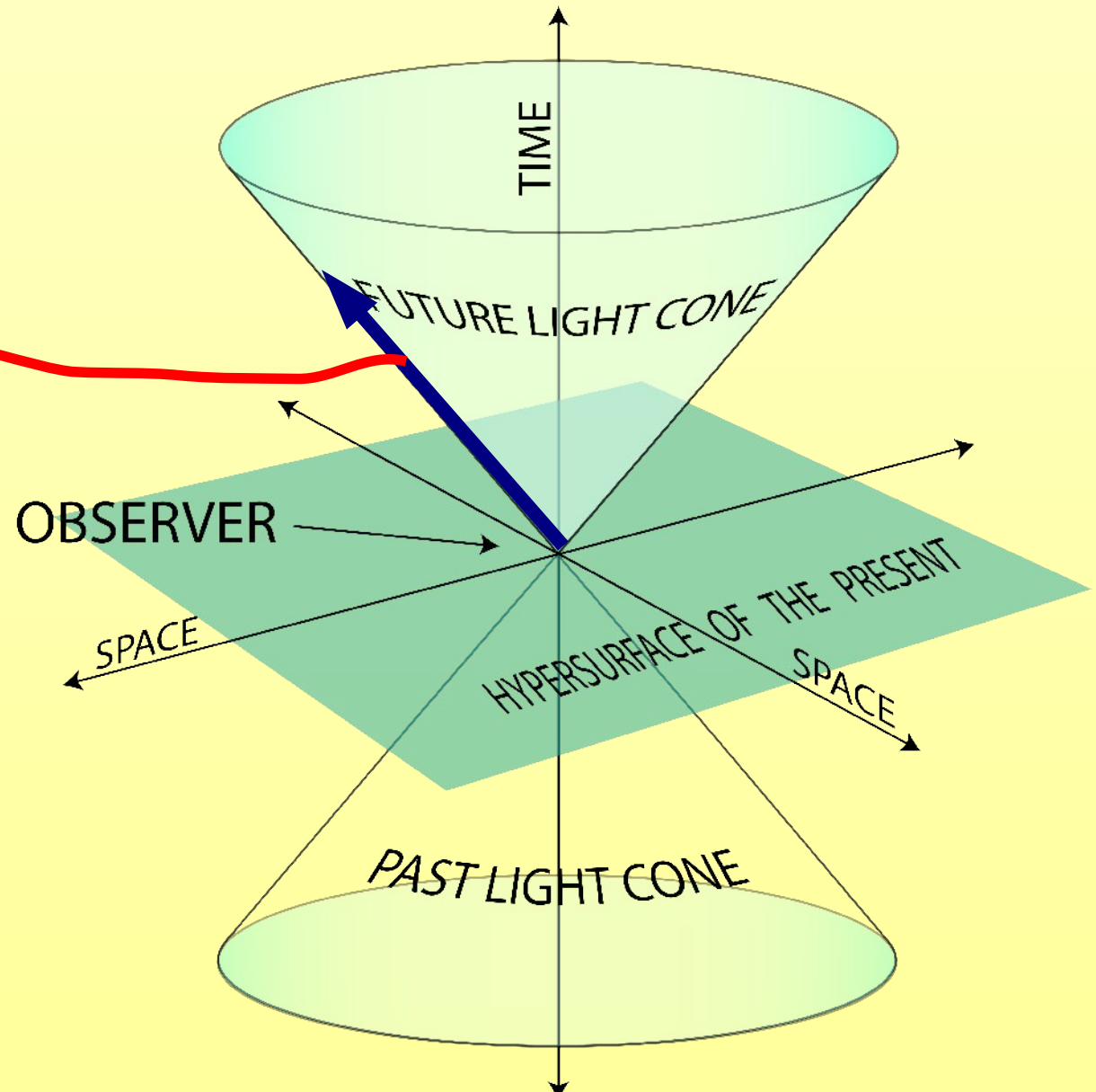
# Ingredients: Special Relativity

Spacetime diagram

Null vector

$$ds^2 = 0$$

***Defines light-cone***





# Ingredients: Special Relativity

Spacetime diagram

Null vector

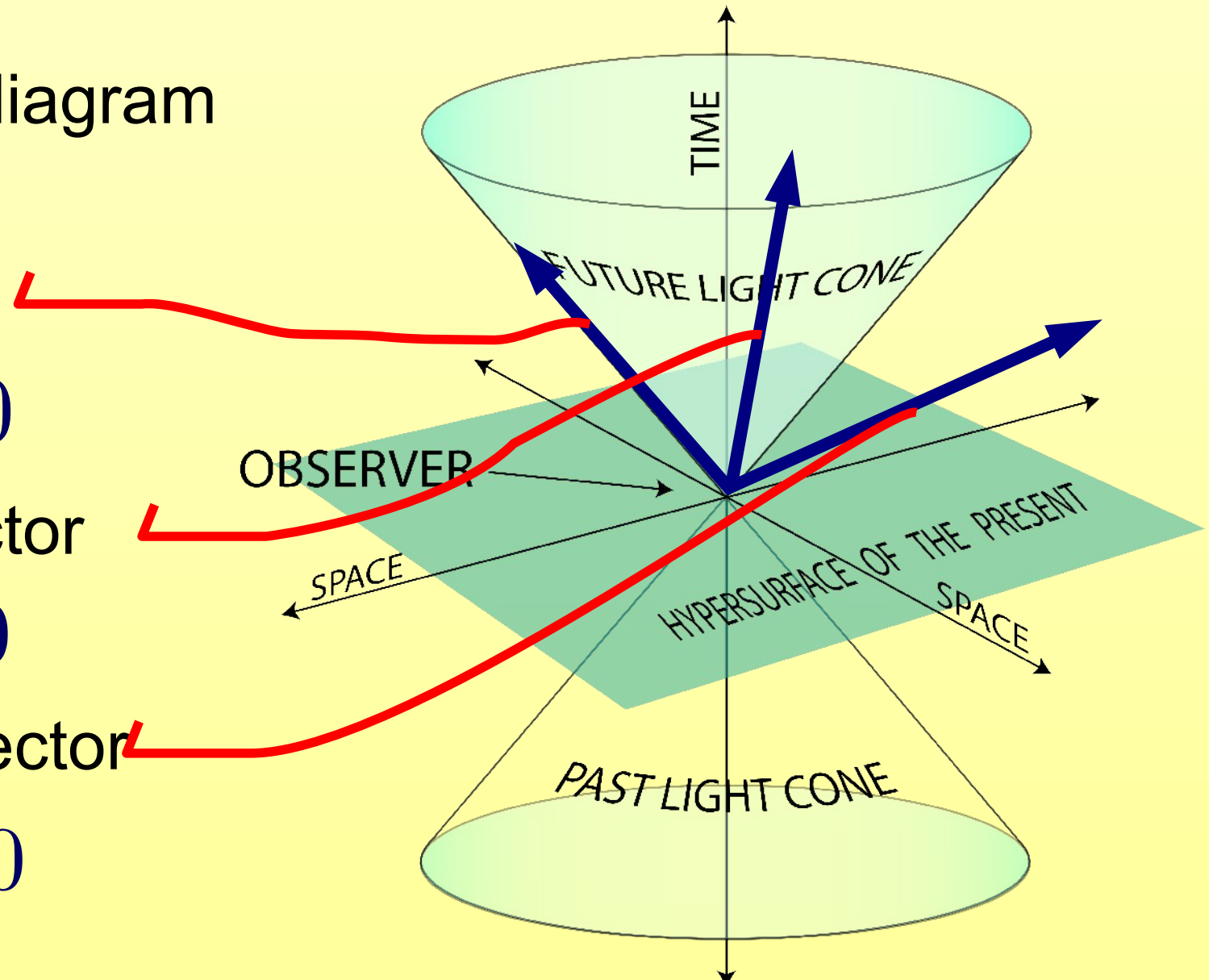
$$ds^2 = 0$$

Timelike vector

$$ds^2 < 0$$

Spacelike vector

$$ds^2 > 0$$



# Ingredients: Special Relativity

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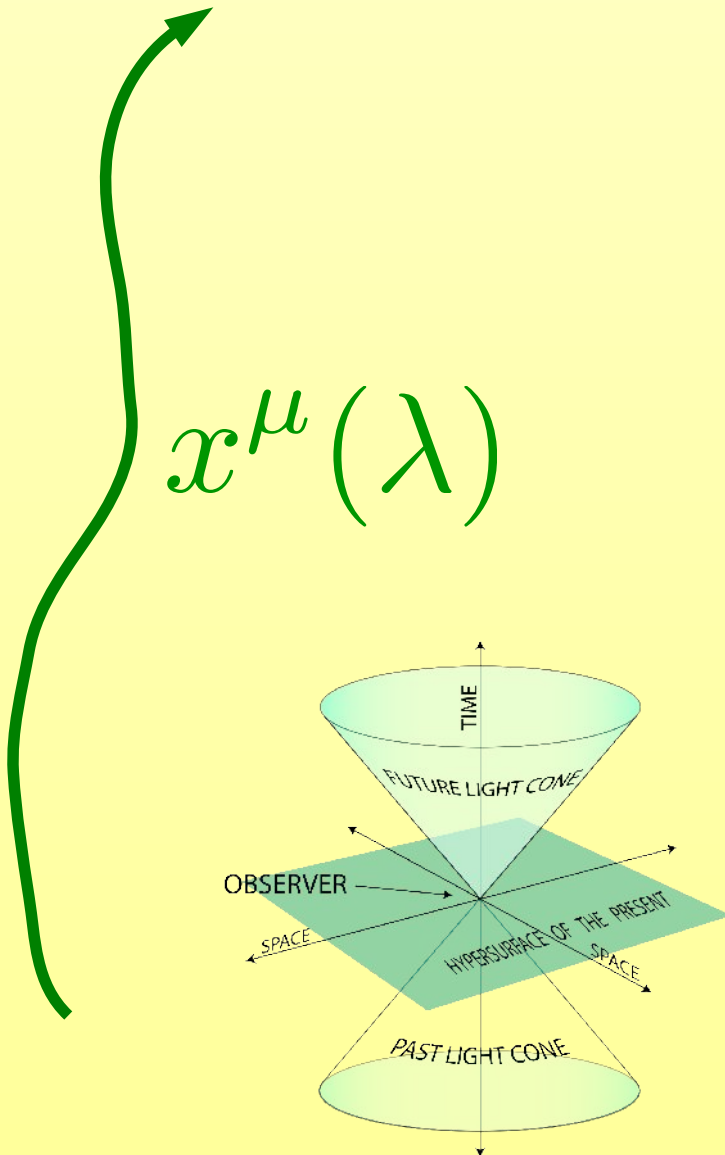
Trajectory specified by

$$x^\mu(\lambda)$$

is **timelike/spacelike/null**

if tangent vector  $\frac{dx^\mu}{d\lambda}$

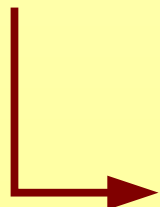
is **timelike/spacelike/null**



# Ingredients: Special Relativity

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- Null trajectories represent **light** or massless particles
- Spacelike trajectories are causally disconnected points (or particles with  $v > 1$ )
- Timelike trajectories describe massive particles (**observers**)

 **More convenient to use proper time**

$$\tau = \int \sqrt{-ds^2} = \int \sqrt{-\eta_{\mu\nu} \frac{dx^\mu}{d\lambda} \frac{dx^\nu}{d\lambda}} d\lambda$$

# Ingredients: Special Relativity

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## Massive particles

### 4-velocity

$$U^\mu = \frac{dx^\mu}{d\tau} \quad \left( U^\mu U_\mu = \eta_{\mu\nu} U^\mu U^\nu = -1 \right)$$

### 4-momentum

$$P^\mu = m U^\mu$$

**$m$**  rest  
frame mass

# Ingredients: Special Relativity

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## Massive particles

4-velocity

$$U^\mu = \frac{dx^\mu}{d\tau}$$

4-momentum

$$P^\mu = mU^\mu$$

Energy is  $P^0$ , which in the rest frame, is

$$P^0 = m \quad \left( \text{c.f. } E = mc^2 \right)$$

# Ingredients: Special Relativity

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## Massive particles

One can boost the frame with a Lorentz transf., say in the x-dir.

$$\gamma \equiv (1 - v^2)^{-1/2}$$

$$P^\mu = (\gamma m, v \gamma m, 0, 0)$$

Which for small  $\mathbf{v}$  reduces to

$$P^0 = m + \frac{1}{2} m v^2 \quad \text{Rest mass + kinetic energy}$$

$$P^1 = m v \quad \text{Newtonian momentum}$$

# Ingredients: Curved Space

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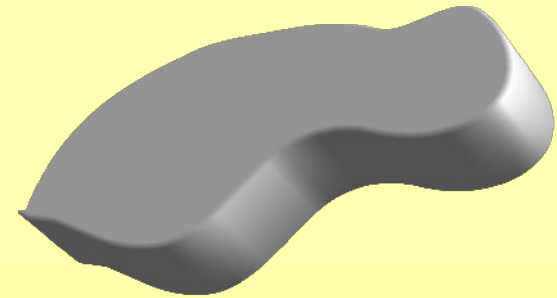
Minkowski



Cartesian coords.



Manifold



Cannot use Cartesian  
coords. globally

# Ingredients: Curved Space

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## Manifold

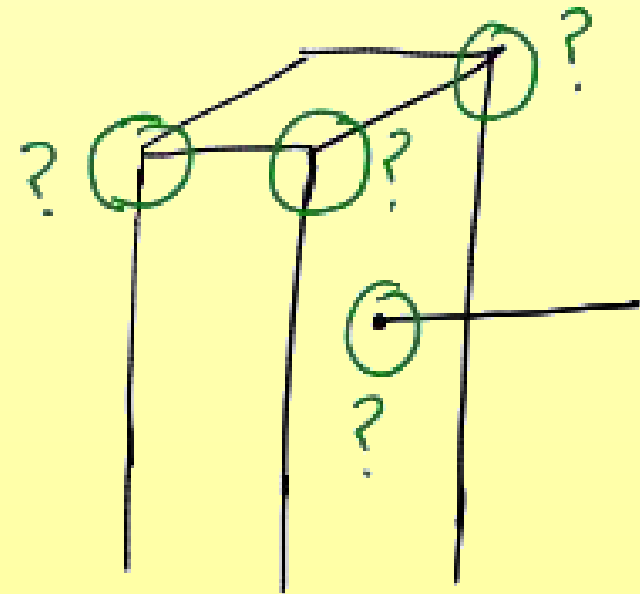
**Def.** A topological space  $\mathcal{M}$  is an n-dimensional manifold if there is a collection (atlas,  $\{\phi_i\}$ ) of maps (charts,  $\phi_i$ ), such that each map  $\phi_i : \mathcal{M} \rightarrow \mathbb{R}^n$  is continuous, bijective and invertible



# Ingredients: Curved Space

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In simple words



# Ingredients: Curved Space

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## Equivalence Principle.

A choice of chart (coordinates) is arbitrary and the physics should *not depend* on this!

A convenient way to describe chart-independent equations is to use ***tensors***, which can be thought of generalisations of ***vectors***, with possibly more indices

# Ingredients: Tensors

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Under a coordinate transformation  $x^\mu \rightarrow x'^\mu$  a vector  $A^\mu$  changes in the following way

$$A'^\mu = \frac{\partial x^\mu}{\partial x'^\nu} A^\nu$$

*(summation convention)*

# Ingredients: Tensors

Under a coordinate transformation  $x^\mu \rightarrow x'^\mu$  a tensor  $T_{\mu_1, \dots, \mu_n}^{\nu_1, \dots, \nu_m}$  changes in the following way

*(n,m) - Tensor*

$$T'_{\mu_1, \dots, \mu_n}^{\nu_1, \dots, \nu_m} = \frac{\partial x'^{\bar{\mu}_1}}{\partial x^{\mu_1}} \cdots \frac{\partial x'^{\bar{\mu}_n}}{\partial x^{\mu_n}} \frac{\partial x^{\nu_1}}{\partial x'^{\bar{\nu}_1}} \cdots \frac{\partial x^{\nu_m}}{\partial x'^{\bar{\nu}_m}} T_{\bar{\mu}_1, \dots, \bar{\mu}_n}^{\bar{\nu}_1, \dots, \bar{\nu}_m}$$

*(summation convention)*

# Ingredients: Tensors

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## Observations

Definitions	(0,0) – tensor	→	scalar (function)
	(0,1) – tensor	→	vector
	(1,0) – tensor	→	co-vector

# Ingredients: Tensors

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## Observations

Maths

Trace over indices

$$S^\mu = T^{\lambda\mu}{}_\lambda$$

Symmetric

$$S_{\dots\alpha\beta\dots} = +S_{\dots\beta\alpha\dots}$$

Antisymmetric

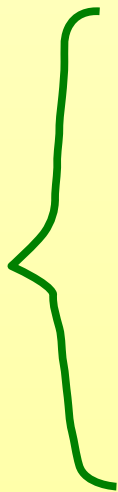
$$A_{\dots\alpha\beta\dots} = -A_{\dots\beta\alpha\dots}$$

# Ingredients: Tensors

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## Observations

Physics



An equation that holds in **one** coordinate system holds in **all** coordinate systems

*Equivalence Principle!*

# Ingredients: Tensors

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In GR the most important tensor is the metric

$$g_{\mu\nu}$$

a generalisation of Minkowski's metric  $\eta_{\mu\nu}$   
which encodes the geometrical information of  
spacetime



# Ingredients: Tensors

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At a given point, there is always a coordinate system such that

$$g_{\mu\nu}(x_p^\mu) = \eta_{\mu\nu}$$

**i.e. the  
spacetime  
looks  
locally flat**

and also first derivatives of  $g_{\mu\nu}$  vanish!

Second derivatives cannot be made to vanish,  
a manifestation of ***curvature***

# Ingredients: Tensors

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Dot product

$$A \cdot B \equiv g_{\mu\nu} A^\mu B^\nu$$

Suggests the concept of **raising/lowering** indices, namely

$$A_\mu = g_{\mu\lambda} A^\lambda \qquad B^\mu = g^{\mu\lambda} B_\lambda$$

where  $g^{\mu\nu}$  is the inverse of  $g_{\mu\nu}$

so  $g_{\mu\lambda} g^{\lambda\nu} = \delta_\mu^\nu$

# Ingredients: Tensors

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**Important objects in physics which are not tensors**

1) determinants

e.g.  $g \equiv \det g_{\mu\nu}$

Under  $x^\mu \rightarrow x'^\mu$  transforms as

$$g \rightarrow \left[ \det \left( \frac{\partial x^\mu}{\partial x'^\nu} \right) \right]^{-2} g$$

# Ingredients: Tensors

---

Important objects in physics which are not tensors

2) volume factor  $d^4x = dx^0 dx^1 dx^2 dx^3$

Transforms as  $d^4x \rightarrow \det \left( \frac{\partial x^\mu}{\partial x'^\nu} \right) d^4x$

1) and 2) are call ***tensor densities*** because transform as some powers of the Jacobian

# Ingredients: Tensors

---

**Important objects in physics which are not tensors**

Notice

$$\int f(x^\mu) \sqrt{-g} d^4x$$

Is invariant under a change of coordinate, since  $f(x)$  is a scalar

# Ingredients: Tensors

---

**Important objects in physics which are not tensors**

**Notice**

$$\int f(x^\mu) \sqrt{-g} d^4 x$$

Is invariant under a change of coordinate, since  $f(x)$  is a scalar

Therefore the right way of writing integrals is using

$$\int d^4 x \rightarrow \int \sqrt{-g} d^4 x$$

# Ingredients: Tensors

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**Important objects in physics which are not tensors**

## 3) Partial derivatives

On scalar are OK

$$\partial_\mu \phi \rightarrow \partial_{\bar{\mu}} \phi' = \frac{\partial x^\mu}{\partial x'^{\bar{\mu}}} \partial_\mu \phi$$

...but on vectors,

$$\begin{aligned} \partial_\mu V^\nu \rightarrow \partial_{\bar{\mu}} V'^{\bar{\nu}} &= \frac{\partial x^\mu}{\partial x'^{\bar{\mu}}} \partial_\mu \left[ \frac{\partial x'^{\bar{\nu}}}{\partial x^\nu} V^\nu \right] \\ &= \frac{\partial x^\mu}{\partial x'^{\bar{\mu}}} \frac{\partial x'^{\bar{\nu}}}{\partial x^\nu} \partial_\mu V^\nu + \frac{\partial x^\mu}{\partial x'^{\bar{\mu}}} \frac{\partial^2 x'^{\bar{\nu}}}{\partial x^\mu \partial x^\nu} V^\nu \end{aligned}$$

# Ingredients: Tensors

Important objects in physics which are not tensors

$$T'_{\mu_1, \dots, \mu_n}{}^{\nu_1, \dots, \nu_m} = \frac{\partial x'^{\bar{\mu}_1}}{\partial x^{\mu_1}} \cdots \frac{\partial x'^{\bar{\mu}_n}}{\partial x^{\mu_n}} \frac{\partial x^{\nu_1}}{\partial x'^{\bar{\nu}_1}} \cdots \frac{\partial x^{\nu_m}}{\partial x'^{\bar{\nu}_m}} T_{\bar{\mu}_1, \dots, \bar{\mu}_n}{}^{\bar{\nu}_1, \dots, \bar{\nu}_m}$$

$$\partial_\mu V^\nu \rightarrow \partial_{\bar{\mu}} V'^{\bar{\nu}} = \frac{\partial x^\mu}{\partial x'^{\bar{\mu}}} \partial_\mu \left[ \frac{\partial x^\nu}{\partial x'^{\bar{\nu}}} V^\nu \right]$$

$$= \underbrace{\frac{\partial x^\mu}{\partial x'^{\bar{\mu}}} \frac{\partial x'^{\bar{\nu}}}{\partial x^\nu} \partial_\mu V^\nu}_{\text{green}} + \underbrace{\frac{\partial x^\mu}{\partial x'^{\bar{\mu}}} \frac{\partial^2 x'^{\bar{\nu}}}{\partial x^\mu \partial x^\nu} V^\nu}_{\text{red}}$$





# Ingredients: Tensors

Define the **Covariant Derivative**

$$\nabla_{\mu} V^{\nu} \equiv \partial_{\mu} V^{\nu} + \Gamma^{\nu}_{\mu\lambda} V^{\lambda}$$

Connection



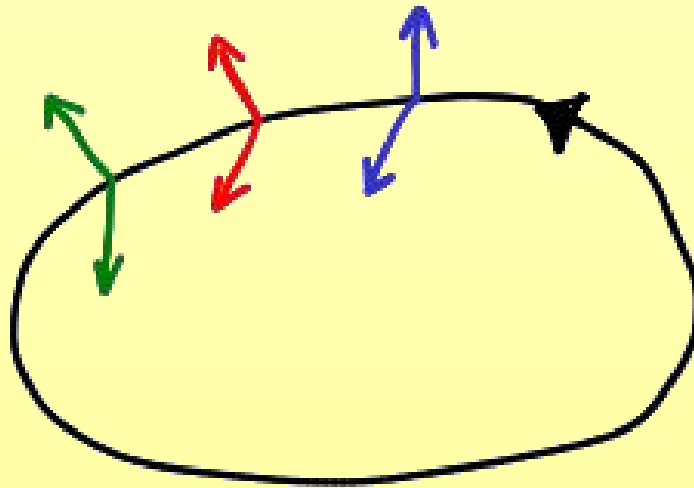
*transforms to  
cancel this*

$$\partial_{\bar{\mu}} V^{\bar{\nu}} = \underbrace{\frac{\partial x^{\mu}}{\partial x^{\bar{\mu}}} \frac{\partial x^{\bar{\nu}}}{\partial x^{\nu}} \partial_{\mu} V^{\nu}}_{\text{green checkmark}} + \underbrace{\frac{\partial x^{\mu}}{\partial x^{\bar{\mu}}} \frac{\partial^2 x^{\bar{\nu}}}{\partial x^{\mu} \partial x^{\nu}} V^{\nu}}_{\text{red X}}$$

# Ingredients: Tensors

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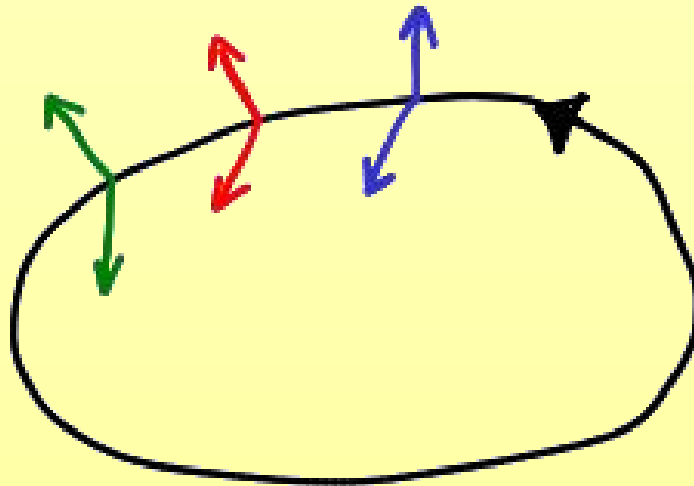
$\nabla_{\mu} V^{\nu}$  transforms a tensor and  
defines *parallel transport*



# Ingredients: Tensors

---

$\nabla_{\mu} V^{\nu}$  transforms a tensor and  
defines *parallel transport*



---

*Similarly for lower indices*

$$\nabla_{\mu} w_{\nu} \equiv \partial_{\mu} w_{\nu} - \Gamma_{\mu\nu}^{\lambda} w_{\lambda}$$

# Ingredients: Tensors

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## *Christoffel Symbols*

There is a particular choice of connection that

$$\nabla_{\mu}(g_{\nu\sigma}) = 0$$

In components, it is

$$\Gamma_{\mu\nu}^{\lambda} = \frac{1}{2}g^{\lambda\sigma} (\partial_{\mu}g_{\sigma\nu} + \partial_{\nu}g_{\mu\sigma} - \partial_{\sigma}g_{\mu\nu})$$

# Ingredients: Curvature

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Information about the *curvature* is contained in the *metric tensor*, and it is the ***Riemann tensor*** which explicitly accounts for it

$$R^{\sigma}_{\mu\alpha\beta} = \partial_{\alpha} (\Gamma^{\sigma}_{\mu\beta}) - \partial_{\beta} (\Gamma^{\sigma}_{\mu\alpha}) \\ + \Gamma^{\sigma}_{\alpha\lambda} \Gamma^{\lambda}_{\mu\beta} - \Gamma^{\sigma}_{\beta\lambda} \Gamma^{\lambda}_{\mu\alpha}$$

(note: it has second derivatives of the metric)

# Ingredients: Curvature

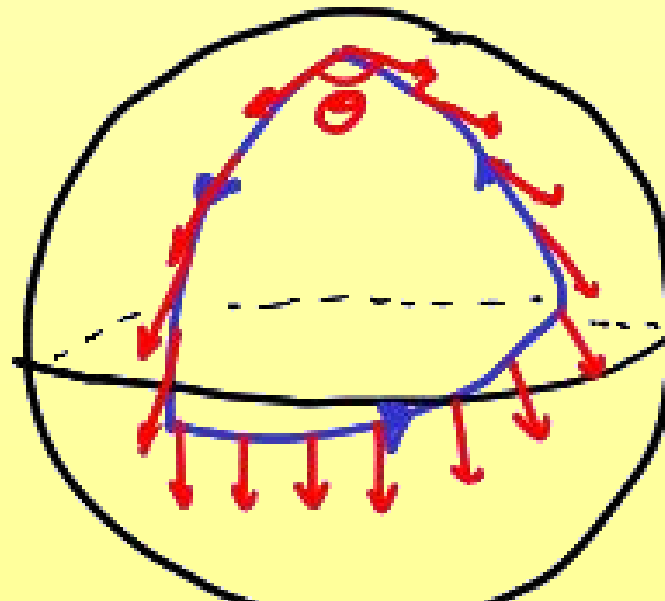
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## *Geometrical interpretation*

In **Euclidean space** if a vector is parallel transported around a closed loop, it returns unchanged.

In **curved space**, this is not necessarily true.

The Riemann tensor  
measures the  
difference!



# Ingredients: Curvature

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Properties of  $R_{\mu\nu\lambda}^{\sigma}$

1)  $R_{\mu\nu\lambda\sigma}$

**Antisymmetric**

**Symmetric**

2)  $\nabla_{\rho} R_{\mu\nu\lambda\sigma} + \nabla_{\nu} R_{\rho\mu\lambda\sigma} + \nabla_{\mu} R_{\nu\rho\lambda\sigma} = 0$

*(Bianchi identity)*

3)  $R^{\sigma}_{\mu\nu\lambda} + R^{\sigma}_{\nu\lambda\mu} + R^{\sigma}_{\lambda\mu\nu} = 0$

# Ingredients: Curvature

---

Other tensors derived from  $R^\sigma_{\mu\nu\lambda}$

1) *Ricci tensor*

$$R_{\mu\nu} = R^\lambda_{\mu\lambda\nu}$$

It satisfies  $R_{\mu\nu} = R_{\nu\mu}$

2) *Ricci scalar*

$$R = R^\mu_{\mu} \equiv g^{\mu\nu} R_{\mu\nu}$$



# Ingredients: Curvature

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*Other tensors derived from  $R_{\mu\nu\lambda}^{\sigma}$*

*3) Einstein tensor*

$$G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R$$

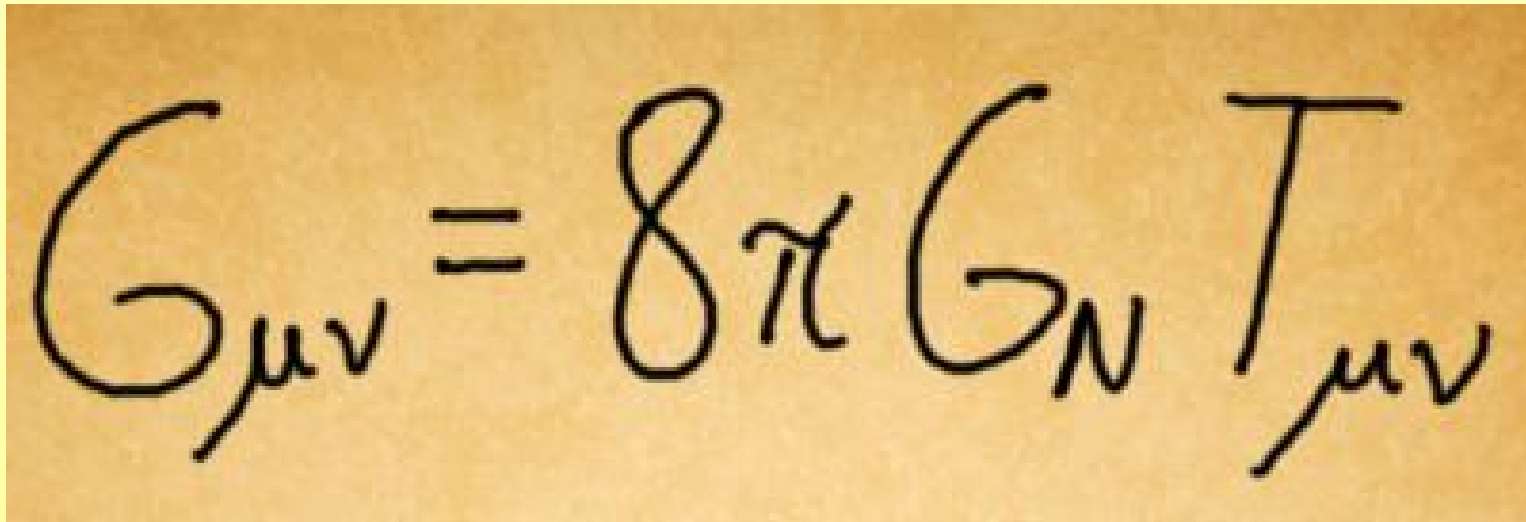
*It obeys*

$$\nabla_{\mu}G^{\mu}_{\nu} = 0$$

# Cookware: Einstein Equations

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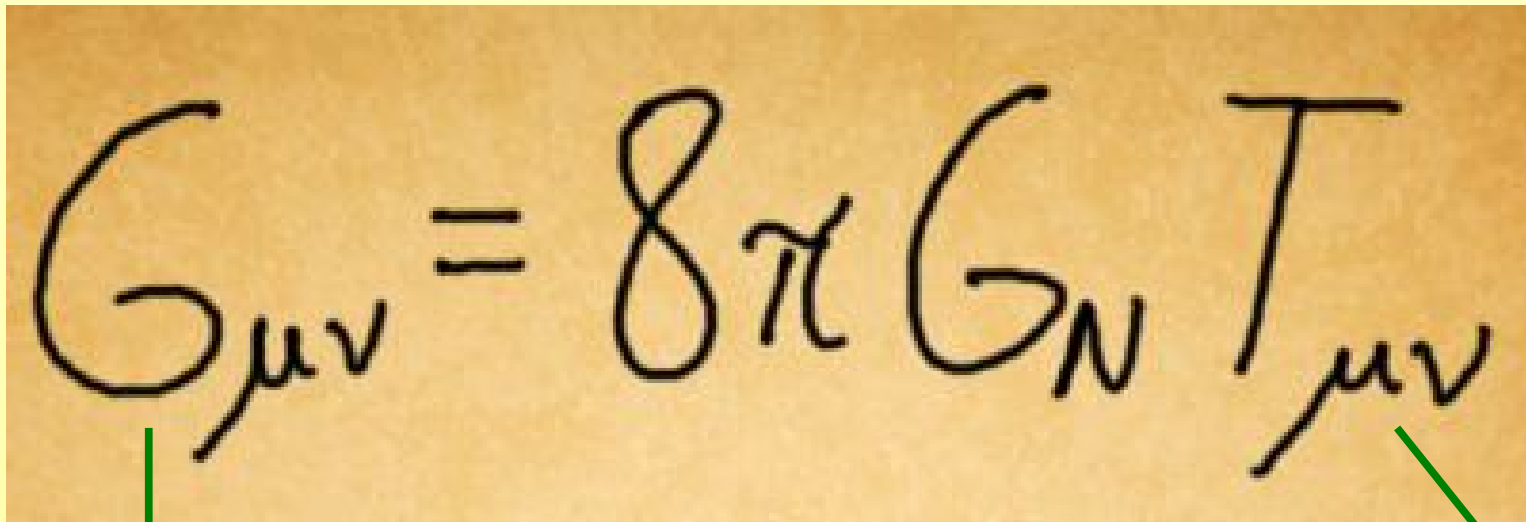
*Einstein (1915)*



A photograph of a piece of light brown paper with the Einstein field equation written in black ink. The equation is  $G_{\mu\nu} = 8\pi G_N T_{\mu\nu}$ . The handwriting is cursive and slightly slanted to the right.

# Cookware: Einstein Equations

---



A photograph of a piece of light brown paper with the equation  $G_{\mu\nu} = 8\pi G_N T_{\mu\nu}$  written in black ink. A green arrow points from the  $G_{\mu\nu}$  term to the definition below, and another green arrow points from the  $T_{\mu\nu}$  term to the label 'Energy Momentum tensor'.

$$G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R$$

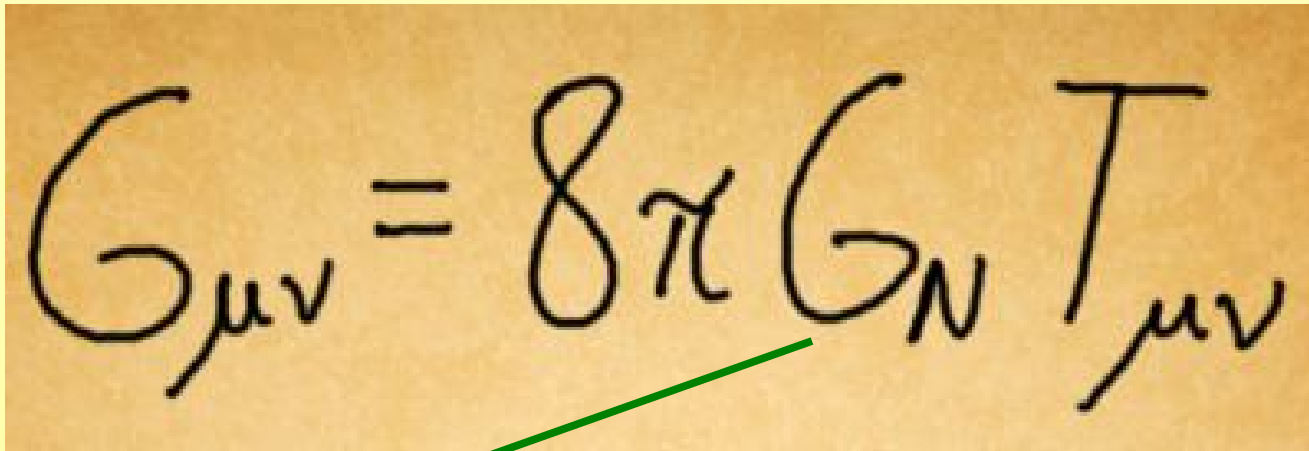
**Energy  
Momentum  
tensor**

*Non-linear equations of the metric components!*

# Cookware: Einstein Equations

---

*Dimension-full parameters*



A photograph of a piece of light brown paper with the equation  $G_{\mu\nu} = 8\pi G_N T_{\mu\nu}$  written in black ink. A green arrow points from the  $G_N$  term in the equation down towards the text below.

**Newton's Constant**

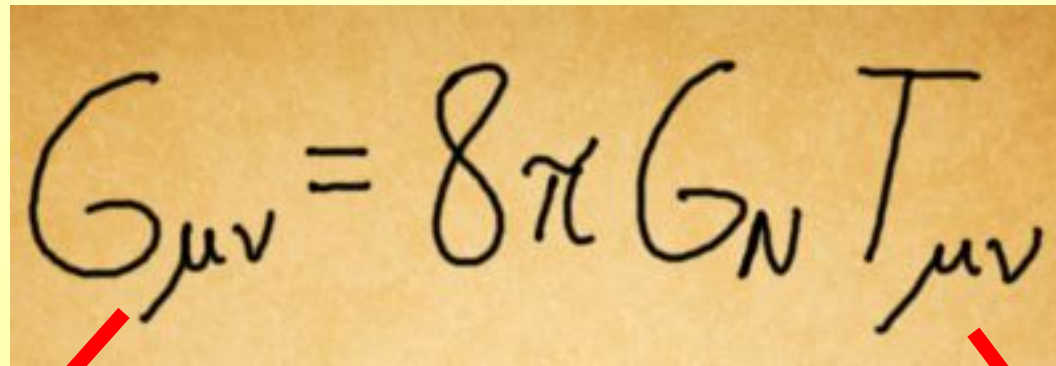
$$6.67 \times 10^{-11} \text{N} \frac{\text{m}^2}{\text{Kg}^2}$$

**If  $c=\hbar=1$  then**

$$M_{pl}^2 = 8\pi G_N \simeq (10^8 \text{GeV})^2$$

# Cookware: Einstein Equations

---


$$G_{\mu\nu} = 8\pi G_N T_{\mu\nu}$$



*Geometría del  
Espacio-tiempo*

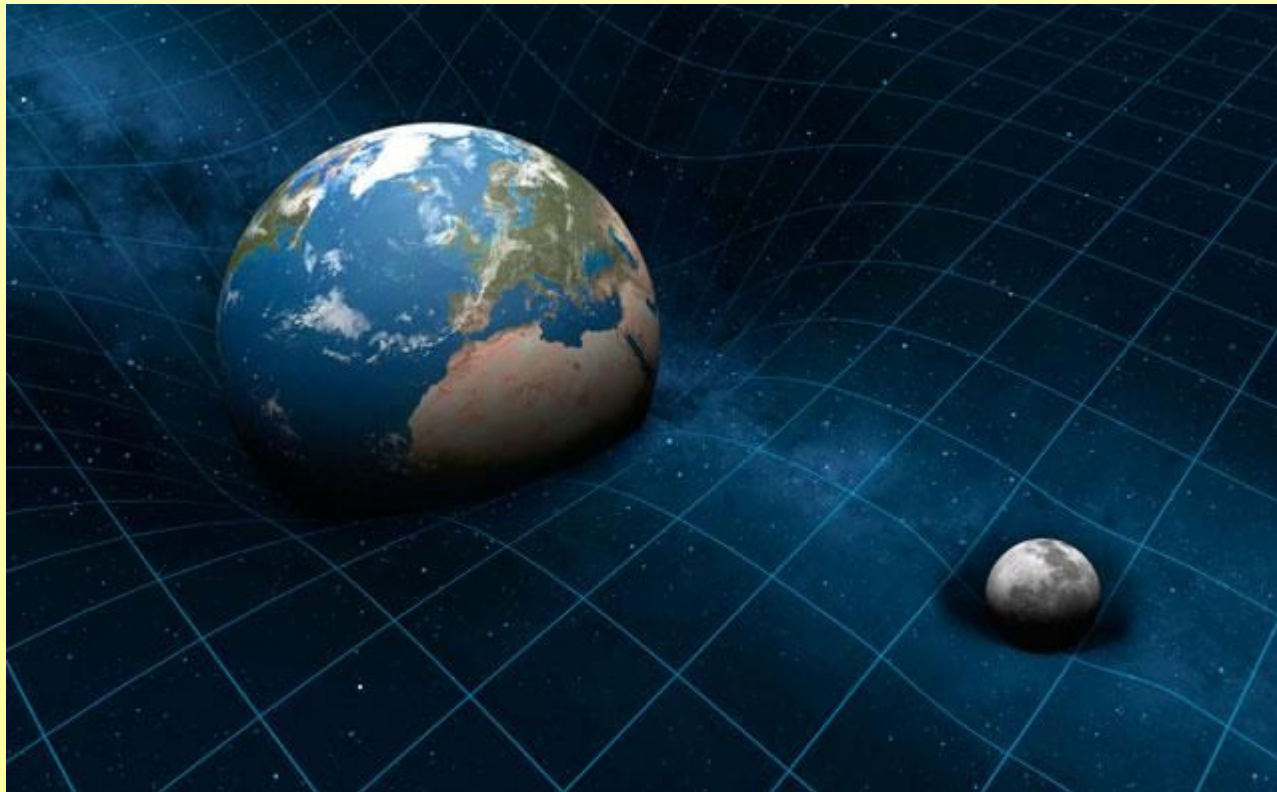


*Materia/Energía*

# Cookware: Einstein Equations

---

*El espacio-tiempo es como una “manta” invisible deformado por la materia o energía*



# Cookware: Einstein Equations

---

Cauchy Problem.      Similar for RG

- |    |          |                    |                 |
|----|----------|--------------------|-----------------|
| 1) | $G_{00}$ | No $t$ derivatives | Constraints     |
| 2) | $G_{0i}$ | 1st order $t$ der. | Constraints     |
| 3) | $G_{ij}$ | 2nd order $t$ der. | Evolution eqns. |

Find  $g_{\mu\nu}$ ,  $g_{\mu\nu,0} \equiv \partial_0 g_{\mu\nu}$  for  $x^0 = 0$ , which satisfy the constraints initially, and use the evolution equations to solve for  $x^0 > 0$

*The equations are linear in second derivatives!*

# Cookware: Einstein Equations

---

## Relevant components of the metric

$g_{\mu\nu}$  has 10 independent components (remember it is *symmetric*), but there are 6 evolution equations to determine them (?).

Actually, we have an arbitrary choice of coordinates. Therefore, there are only  $10-4=6$  variables to determine, which can be found using the evolution equations.



# Cookware: Einstein Equations

---

Energy momentum tensor  $T_{\mu\nu}$

A popular choice is a **perfect fluid**

- Fluid with ***no viscosity***, or ***heat flow***, and ***isotropic*** in its rest frame
- Completely specified by energy density and pressure

$$T_{\mu\nu} = (\rho + p)U_\mu U_\nu - pg_{\mu\nu} \quad T^\mu_\nu = \begin{pmatrix} -\rho & 0 & 0 & 0 \\ 0 & p & 0 & 0 \\ 0 & 0 & p & 0 \\ 0 & 0 & 0 & p \end{pmatrix}$$

where  $U^\mu$  is the unitary 4-velocity

- **Bianchi identity** implies **conservation**

$$\nabla_\mu T^\mu_\nu = 0$$

# Cookware: Einstein Equations

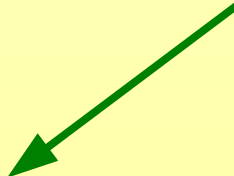
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## Newtonian limit

Recall Poisson equation for the Newtonian potential  $\Phi$

$$\nabla^2 \Phi = 4\pi G_N \rho$$

*2nd order diff.  
operator over  
a field*



# Cookware: Einstein Equations

---

## Newtonian limit

Recall Poisson equation for the Newtonian potential  $\Phi$

$$\nabla^2 \Phi = 4\pi G_N \rho$$

*2nd order diff.  
operator over  
a field*

*In a relativistic theory  
we expect the energy  
momentum tensor*

$$T_{\mu\nu}$$

# Cookware: Einstein Equations

---

## Newtonian limit

Recall Poisson equation for the Newtonian potential  $\Phi$

$$\nabla^2 \Phi = 4\pi G_N \rho$$

*2nd order diff.  
operator over  
a field*

*In a relativistic theory  
we expect the energy  
momentum tensor*

$$G_{\mu\nu} \quad \bullet \text{---} \bullet \quad T_{\mu\nu}$$

*Einstein equations*

Can be done  
formally

# Cookware: Hilbert-Einstein action

---

Einstein equations can be obtained from

$$S = \int \sqrt{-g} d^4x \left( \frac{1}{16\pi G_N} R + \mathcal{L}_m \right)$$

$$\frac{\delta S}{\delta g_{\mu\nu}} = 0$$



*Einstein equations*

$$\frac{1}{8\pi G_N} (R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R) = - \frac{2}{\sqrt{-g}} \frac{\delta(\sqrt{-g} \mathcal{L}_m)}{\delta g_{\mu\nu}} \equiv T_{\mu\nu}$$

# Cookware: Hilbert-Einstein action

---

Can include a **Cosmological Constant**

$$S = \int \sqrt{-g} d^4x \left( \frac{1}{16\pi G_N} (R - 2\Lambda) + \mathcal{L}_m \right)$$

$$\frac{\delta S}{\delta g_{\mu\nu}} = 0 \quad \rightarrow$$

$$G_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G_N T_{\mu\nu}$$

# Cookware: Alternative approaches

Hamiltonian (ADM or 3+1 formalism)

Consider the space-time splitting

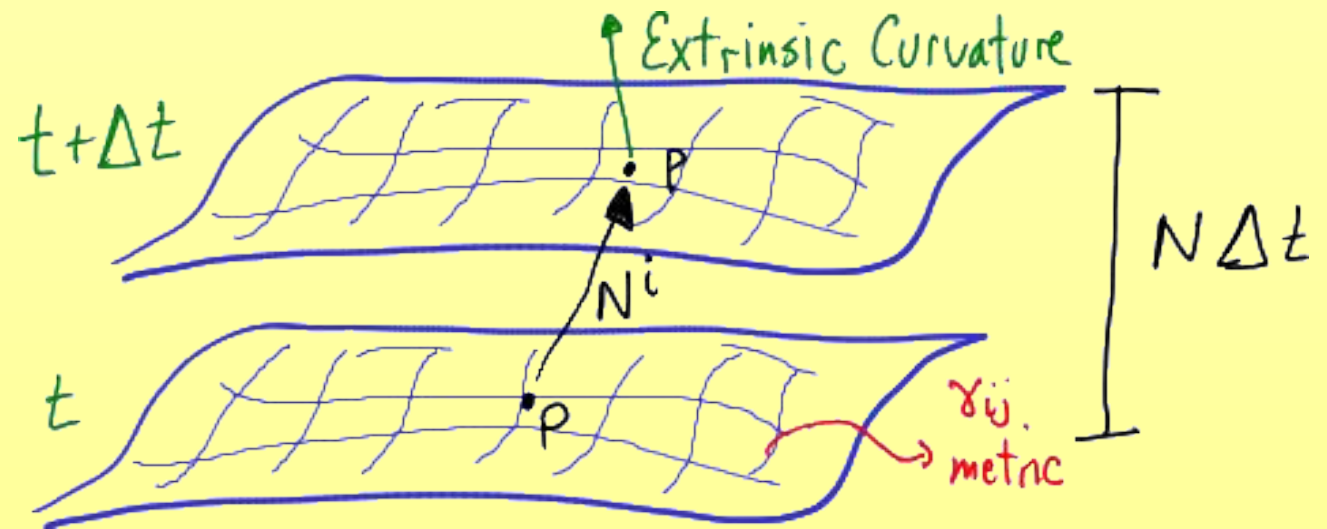
$$g_{\mu\nu} = \begin{pmatrix} -N^2 + \gamma_{ij}N^iN^j & \gamma_{ik}N^k \\ \gamma_{jk}N^k & \gamma_{ij} \end{pmatrix}$$

$N$  lapse function

$N^i$  shift function

$g_{ij}$  spatial metric

Schematically



# Cookware: **Alternative approaches**


---

Hamiltonian (ADM or 3+1 formalism)

Extrinsic curvature  $K_{ij} = \frac{1}{2N} [\partial_t(\gamma_{ij}) - \nabla_i N_j - \nabla_j N_i]$

Then one gets the Hamiltonian

$$S = \frac{1}{16\pi G_N} \int \sqrt{-g} d^4x \left( \partial_t \gamma_{ij} \Pi^{ij} - N H - N_i H^i \right)$$

 *Canonical momenta*

*Hamiltonian*  $H = -\sqrt{\gamma} {}^{(3)}R + \frac{1}{\sqrt{\gamma}} (K_{ij} K^{ij} - (K_i^i)^2)$

*Momentum*  $H^i = 2\nabla_j \Pi^{ij}$



# Cookware: Alternative approaches

---

Hamiltonian (ADM or 3+1 formalism)

## Observations

- Only  $\gamma_{ij}$  is dynamical
- $N, N^i$  are Lagrange multipliers which lead to (in vacuum)

$$H \simeq 0, \quad H^i \simeq 0$$

Dynamical D.O.F.

$$6 - (1+3) = 2 \quad \longrightarrow \quad \text{two polarization modes of the graviton}$$

# Recipes: linearised theory

---

Consider perturbation around flat-space

$$g_{\mu\nu} = \eta_{\mu\nu} + \epsilon h_{\mu\nu} \quad \epsilon \ll 1$$

Use the traceless combination

$$\bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h$$

Using coordinate freedom, choose

$$\nabla_{\mu}\bar{h}^{\mu\nu} = 0$$

# Recipes: linearised theory

---

Consider perturbation around flat-space

$$g_{\mu\nu} = \eta_{\mu\nu} + \epsilon h_{\mu\nu} \quad \epsilon \ll 1$$

Use the traceless combination **GRAVITON**

$$\bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h$$

Using coordinate freedom, choose

$$\nabla_{\mu}\bar{h}^{\mu\nu} = 0$$

# Recipes: linearised theory

---

Then Einstein eqs. reduce to

$$\square \bar{h}_{\mu\nu} = 16\pi G_N T_{\mu\nu}$$

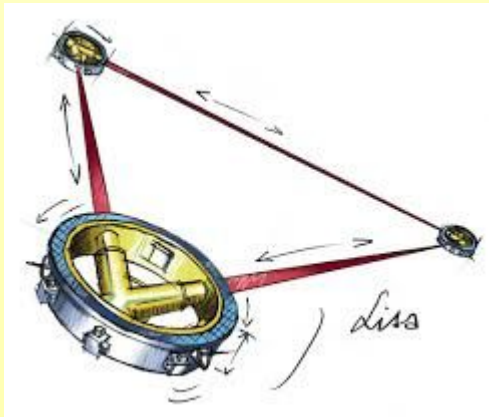
Or in vacuum

$$\square \bar{h}_{\mu\nu} = 0$$

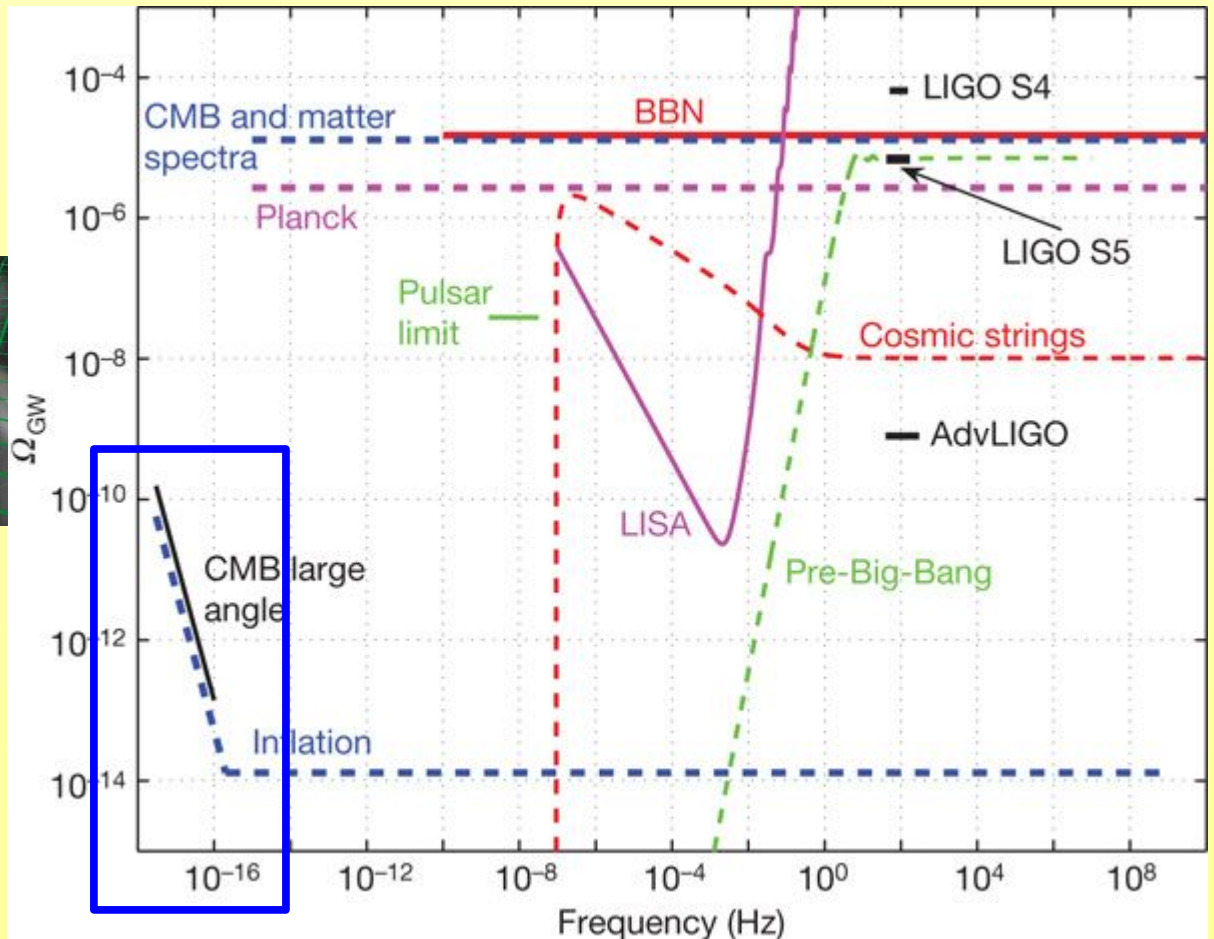
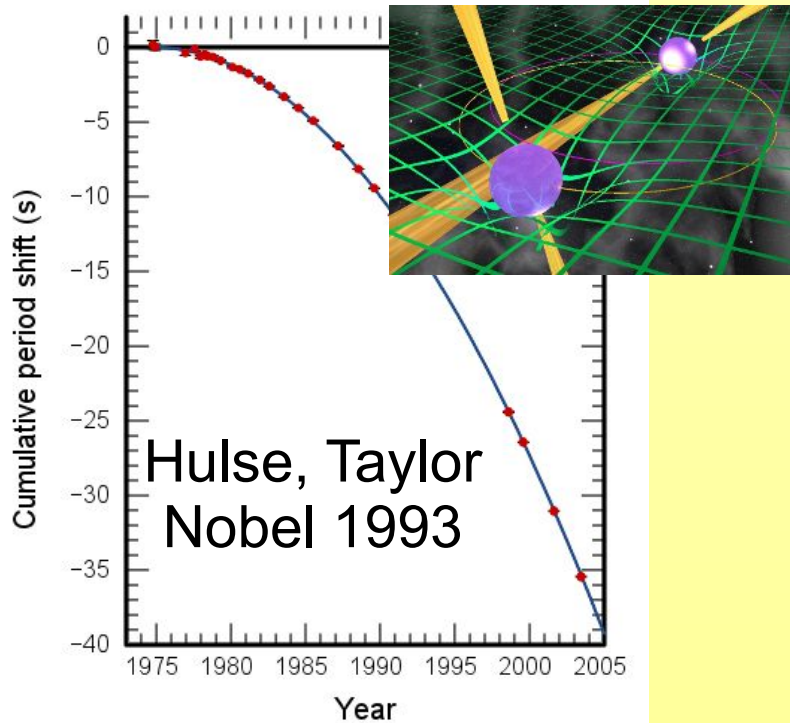
$$\square = -\partial_t^2 + \nabla^2$$

(A wave propagating over Minkowski)

# Recipes: Gravity waves



## *Interferometer's resolution*



# Recipes: perturbative expansion

---

Consider the next order in perturbations

$$S = \int \sqrt{-g} d^4x \left( \frac{1}{16\pi G_N} (R - 2\Lambda) + \mathcal{L}_m \right)$$

2nd order in  
Lagrangian

$$\longrightarrow \square \bar{h}_{\mu\nu} = 0$$

3rd order in  
Lagrangian

$$\longrightarrow \square \bar{h}_{\mu\nu} = \epsilon (C_1 h^{\mu\nu} h_{\mu\nu} + C_2 h^2)$$

Graviton interactions!!!!

# Recipes: beyond classical theory

---

How do we quantise this graviton and its interactions?

$$\square \bar{h}_{\mu\nu} = \epsilon (C_1 h^{\mu\nu} h_{\mu\nu} + C_2 h^2)$$

# QFT

**Quantum Field Theory**

**in a**





# QFT: review of quantum mechanics

---

## Harmonic Oscillator

$$H \sim p^2 + x^2$$

Define **creation/annihilation** operators

$$x \sim \sqrt{\hbar}(a^\dagger + a), \quad p \sim \sqrt{\hbar}i(a^\dagger - a)$$

Hamiltonian becomes

$$H \sim \hbar^2 \left( a^\dagger a + \frac{1}{2} \right)$$

# QFT: review of quantum mechanics

---

Promote  $\mathbf{x}$  and  $\mathbf{p}$  to operators and impose the  
**Canonical Commutation Relationships**

$$[x, p] = i\hbar \quad \longleftrightarrow \quad [a, a^\dagger] = 1$$

And find that

$$\begin{aligned} a|n\rangle &\sim |n-1\rangle & H|n\rangle &= E_n|n\rangle \\ a^\dagger|n\rangle &\sim |n+1\rangle & E_n &= \hbar(n+1/2) \end{aligned}$$

To avoid negative probabilities define **vacuum** to be

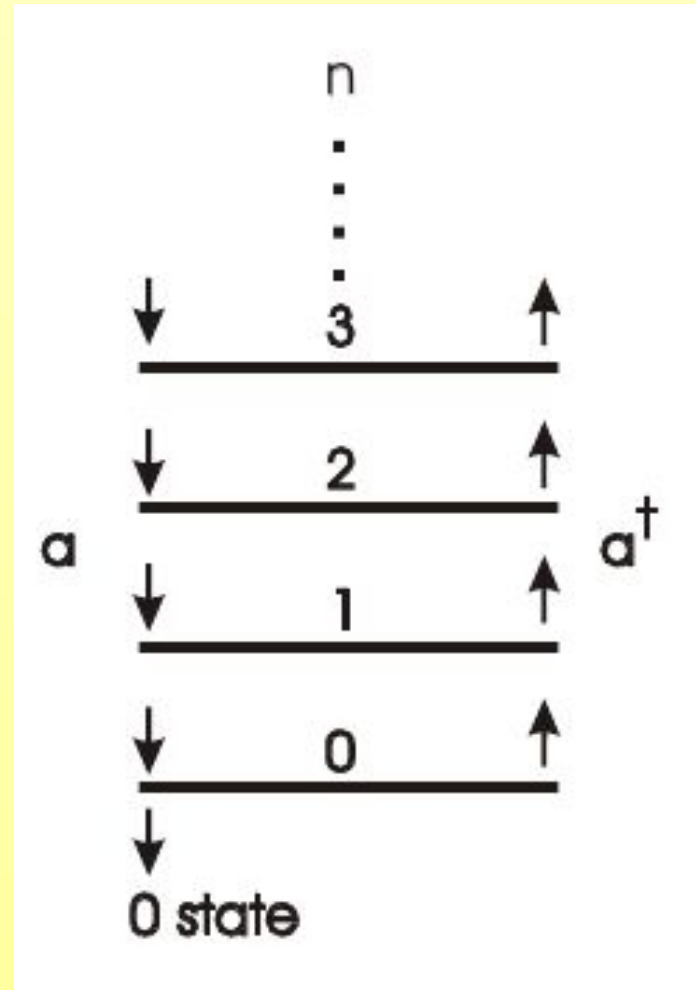
$$a|0\rangle = 0$$

# QFT: review of quantum mechanics

---

## Spectrum of states

$$E_n = \hbar(n + 1/2)$$

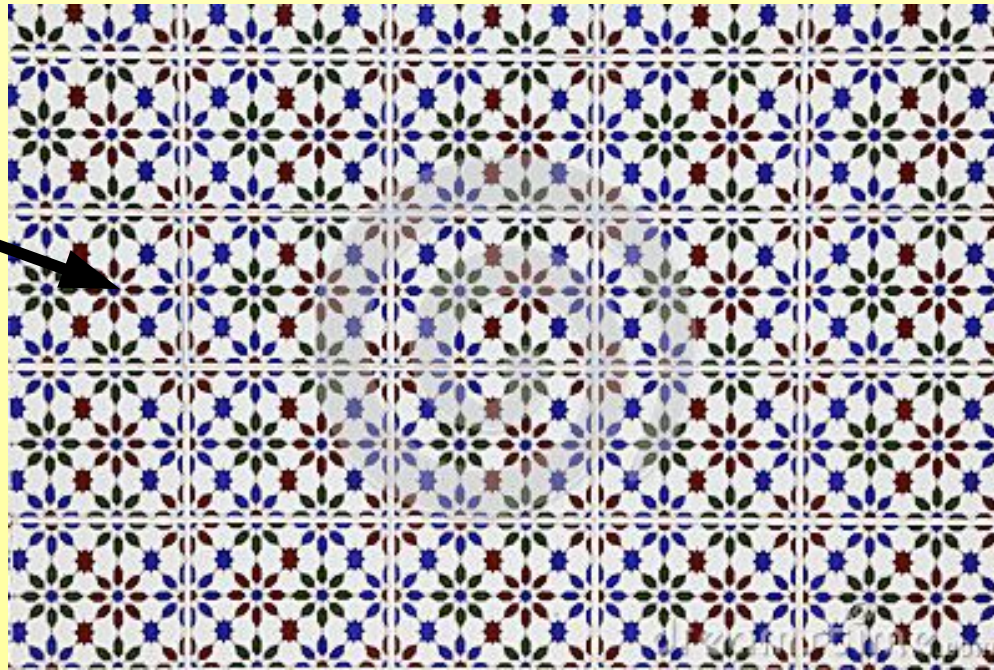


# QFT: moving towards fields

---

Imagine a system with many oscillators, one at each point of space.

$$\phi(x, y, z, t)$$



Quantum Field Theory!!!!

# QFT: moving towards fields

---

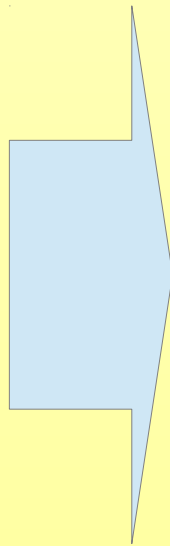
A quantum free (scalar) field...

$$x, p$$

$$[x, p] = i\hbar$$

$$x \sim \sqrt{\hbar}(a^\dagger + a)$$

$$[a, a^\dagger] = 1$$



$$\phi(x, y, z, t), \Pi(x, y, z, t)$$

$$[\phi(x^\mu), \Pi(y^\mu)] = i\hbar\delta(x^\mu - y^\mu)$$

$$\phi(x^\mu) \sim \int dp (a_p^\dagger e^{-ip \cdot x} + a_p e^{ip \cdot x})$$

$$[a_p, a_q^\dagger] = (2\pi)^3 \delta(p^\mu - q^\mu)$$

# QFT: particles and vacuum

---

QFT vacuum

$$a_p |0\rangle = 0 \quad \text{for all } a_p$$

“Particle” of momenta  $\mathbf{p}$

$$|p\rangle = a_p^\dagger |0\rangle$$

2 “Particles”

$$|p, q\rangle = a_p^\dagger a_q^\dagger |0\rangle$$

# QFT: vacuum energy

---

Hamiltonian

$$H \sim \int dp E_p (a_p a_p^\dagger + a_p^\dagger a_p)$$

$$\sim \int dp E_p (a_p^\dagger a_p + \underbrace{(2\pi)^3 \delta(0)/2})$$

Last term diverges  vacuum energy is infinite!

***Solution: forget about it. Count energy differences***  
(normal ordering)

# QFT: Propagators

---

Probability of finding field from point  $\mathbf{x}$  to  $\mathbf{y}$  ( $x^0 > y^0$ )

$$\langle 0 | \phi(y) \phi(x) | 0 \rangle = \int \frac{d^3 p}{(2\pi)^3 2E_p} e^{ip \cdot (x-y)} \equiv \Delta_F(x-y)$$

Representado por



Can show that

$$\Delta_F(x-y) = \int \frac{d^4 p}{(2\pi)^4} \frac{-i}{p^2 + m^2} e^{ip \cdot (x-y)}$$

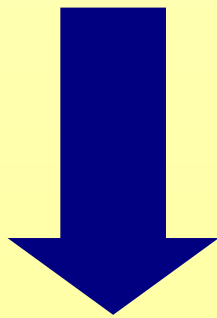


# QFT: back to the graviton

---

How do we quantise this **massless graviton** with interactions?

$$\square \bar{h}_{\mu\nu} = \epsilon (C_1 h^{\mu\nu} h_{\mu\nu} + C_2 h^2)$$



Simpler case

$$\square \phi = \epsilon C_1 \phi^2$$

Scalar field over flat  
(Minkowski's) space-time

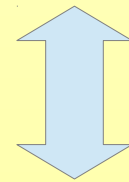
# QFT: scalar field

---

Can add a **mass** (Klein-Gordon equation)

$$(\square - m^2)\phi = \lambda\phi^2$$

Then Lagrangian is



$$\mathcal{S} = \frac{1}{2} \int d^4x \left[ -(\nabla^\mu \phi)(\nabla_\mu \phi) - \underbrace{m^2\phi^2 - \lambda\phi^3}_{-V(\phi)} \right]$$

Kinetic Term

Potential (interactions)

# QFT: scalar field

---

$$(\square - m^2)\phi = \lambda\phi^2$$

Classical solution is too hard, but can solve **“free” theory** (LHS only) if  $\lambda/E \ll 1$

In Fourier space

$$\phi = e^{ip \cdot x} \phi_p \quad \text{EOM} \quad \longrightarrow \quad \begin{aligned} p^\mu p_\mu &= m^2 \\ E_p \equiv p^0 &= \pm \sqrt{\vec{p}^2 + m^2} \end{aligned}$$

General soln. is the harmonic oscillator ensemble!

$$\phi(x^\mu) = \int \frac{d^3 p}{2\pi \sqrt{E_p}} \left[ a_p e^{ip \cdot x} + a_p^\dagger e^{-ip \cdot x} \right]$$

# QFT: perturbation theory

---

## Perturbative approach

$$\mathcal{S} = \frac{1}{2} \int d^4x \left[ - (\nabla^\mu \phi)(\nabla_\mu \phi) - m^2 \phi^2 - \lambda \phi^3 \right]$$

EOM

$$(\square - m^2)\phi = 0$$

Now quantise

Propagator

$$\Delta_F(x - y) = \int \frac{d^4p}{(2\pi)^4} \frac{-i}{p^2 + m^2} e^{ip \cdot (x - y)}$$

Inverse of  
Klein-Gordon


$x$   $y$

---

# QFT: interactions

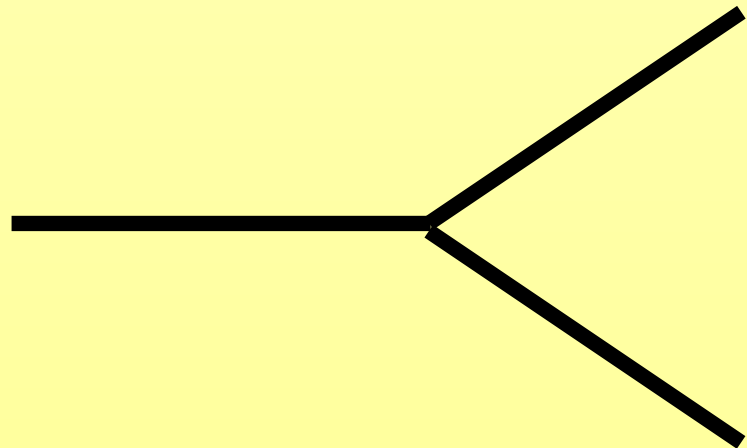
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Perturbative approach

$$\mathcal{S} = \frac{1}{2} \int d^4x \left[ - (\nabla^\mu \phi)(\nabla_\mu \phi) - m^2 \phi^2 - \lambda \phi^3 \right]$$


Treat interaction as small

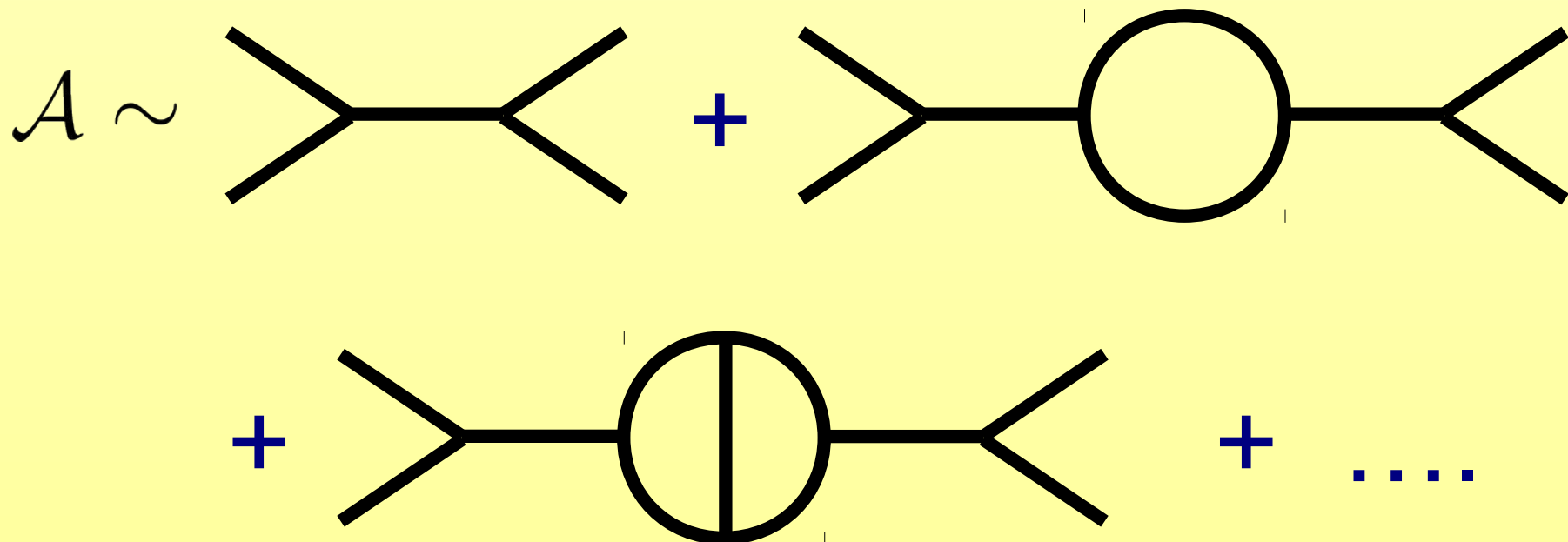
Triple vertex



# QFT: Feynman diagrams

---

All possible diagrams contribute to amplitudes  
eg. Two particle scattering

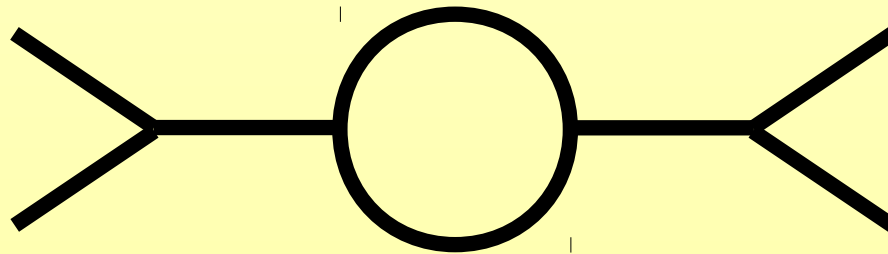
$$A \sim \begin{array}{c} \text{diagram 1} + \text{diagram 2} \\ + \text{diagram 3} + \dots \end{array}$$


The image shows the mathematical expression for the scattering amplitude  $A$  as a sum of Feynman diagrams. The first row contains two diagrams: a tree-level exchange diagram (two incoming lines on the left meet at a vertex, a horizontal line connects to another vertex, and two outgoing lines on the right) and a loop diagram (two incoming lines on the left meet at a vertex, a horizontal line connects to a circle loop, and two outgoing lines on the right). A blue plus sign is between them. The second row contains a third diagram, which is a loop diagram with a vertical line through the circle, and a blue plus sign followed by three blue dots indicating an infinite series of higher-order diagrams.

# QFT: Loop divergences

---

Diagrams like this



may show divergences, like

$$\sim \int_0^{\infty} \frac{dx}{x + M}$$

Use **Renormalisation** theory to cure them

# QFT: Renormalization

---

In simple words... consider a convergent series

$$B = \sum_i A_i x$$

where each  $A_i$  is a **divergent** quantity.

Rewrite the series in **new variables**  $y$  so that each coefficient  $C_i$  is now **finite**!

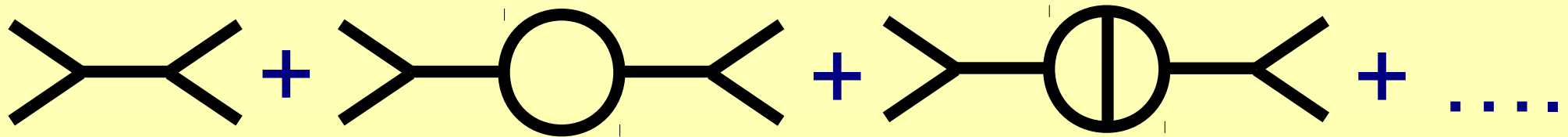
$$B = \sum_i C_i y$$



# QFT: Renormalization

---

When doing so for the divergent series



one has to add extra terms into the Lagrangian.

These are called **Counter-terms**, and depending on their properties one can say if the theory is renormalisable (ie ***if one can remove divergences***)

# The UV problem in GR

# UV: Non-renormalisable

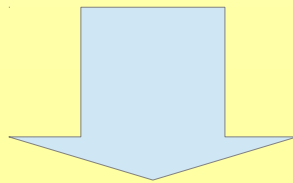
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Where is the problem?

Consider  $S = \int dt d^3x (\partial_\mu \phi \partial^\mu \phi - g \phi^n)$

Re-scaling

$$t \rightarrow bt$$



Lorentz invariance

$$x \rightarrow bx$$

# UV: Non-renormalisable

---

$$S = \int dt d^3x (\partial_\mu \phi \partial^\mu \phi - g \phi^n)$$

$$\frac{dS}{db} = 0$$



$$\phi \rightarrow b^{-1} \phi$$

Potential

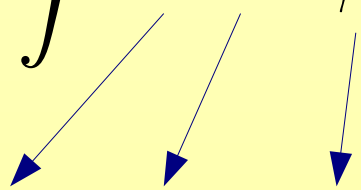
$$V = g \int dt d^3x \phi^n \rightarrow b^{4-n} V$$

Diverges in the UV if  $n > 4$

# UV: Non-renormalisable

---

## Dimensional analysis

$$g \int dt d^3x \phi^n$$


$$[g] = -(-1 - 3 + n) = 4 - n < 0$$

$$S = \int dt d^3x (\partial_\mu \phi \partial^\mu \phi - g \phi^n) \quad \text{Propagator} \propto \frac{1}{k^2}$$

# UV: Non-renormalisable

---

In General Relativity the perturbative theory is

$$\mathcal{L} \sim \sqrt{-g}R \sim \frac{1}{G_N} \left( h^{\mu\nu} \tilde{\square} h_{\mu\nu} + \mathcal{O}(h^3) \right)$$

$(h_{\mu\nu} \equiv g_{\mu\nu} - \eta_{\mu\nu})$

Differential operator of 2nd order

Can rescale the graviton  $h_{\mu\nu} \rightarrow \sqrt{G_N} h_{\mu\nu}$

$$\mathcal{L} \rightarrow \left( h^{\mu\nu} \tilde{\square} h_{\mu\nu} + \sqrt{G_N} \mathcal{O}(h^3) \right)$$

# UV: Non-renormalisable

---

After rescaling:

$$\mathcal{L} \rightarrow \left( h^{\mu\nu} \tilde{\square} h_{\mu\nu} + \sqrt{G_N} \mathcal{O}(h^3) \right)$$

Free theory

Interactions

Propagator  
(schematically)  $\sim \frac{1}{k^2}$

$$[\sqrt{G_N}] = -1$$

**Dimensionful  
coupling**

# UV: Non-renormalisable

---

- We need an infinite number of counter-terms
- Due to **Lorentz symmetry** they have to be powers of curvature tensors

$$S = \int d^4x (R + \#R^2 + \#R_{\mu\nu}R^{\mu\nu} + \#R_{\mu\nu\alpha\beta}R^{\mu\nu\alpha\beta} + \dots)$$

$$\sim \int d^4x h^{\mu\nu} (\tilde{\square} - G_N \tilde{\square}^2) h_{\mu\nu} + \dots$$



# UV: Non-renormalisable

---

So what's wrong with  $\int d^4x h^{\mu\nu} (\tilde{\square} - G_N \tilde{\square}^2) h_{\mu\nu}$  ?

Propagator (schematically)

$$\sim \frac{1}{k^2} + \frac{1}{k^2} G_N k^4 \frac{1}{k^2} + \frac{1}{k^2} G_N k^4 \frac{1}{k^2} G_N k^4 \frac{1}{k^2} + \dots$$

— + —  $\textcircled{R^2}$  — + —  $\textcircled{R^2}$  —  $\textcircled{R^2}$  — + ...

$$\sim \frac{1}{k^2 - G_N k^4}$$

# UV: Non-renormalisable

---

But

$$\text{Propagator} \sim \frac{1}{k^2 - G_N k^4}$$

$$\sim \frac{1}{k^2} - \frac{1}{k^2 - 1/G_N}$$

**Massive  
ghost!!**

**Massless  
graviton**

# UV: Non-renormalisable

---

But

$$\text{Propagator} \sim \frac{1}{k^2 - G_N k^4}$$

$$\sim \frac{1}{k^2} - \frac{1}{k^2 - 1/G_N}$$

**Massive ghost!!**

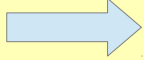
**Massless graviton**

**Usual problem with higher derivatives (Ostrogradski)**

# UV: Non-renormalisable

---

## Possible ways out

1) SUSY  SUGRA (helps but not a solution)

2) ~~Lorentz~~

- Horava-Liftshitz gravity

3) Non-perturbative methods

- Asymptotic safety

4) Path integral

- Wave function of the Universe
- Spin-foams

# UV: Non-renormalisable

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## Possible ways out

4) Canonical quantization (background independent)

- Wheeler-deWitt
- Loop quantum gravity

5) New physics/mathematics

- Algebraic structures (Kac-Moody)
- String theory
- Etc.

6) No quantum mechanics at that scale